MBTI Instructions:

**Personality Profile Assessment: Meyers Briggs Type Indicator (MBTI**)

This assessment can be helpful to increase awareness of what your personal strengths are (and areas to develop) as you go through your university journey. It also can help you understand those around you that you work with, such as in your teams.

To get full marks on this assignment you have to submit 2 (two) things. First take the test, then submit:

1)  your four-letter type result with the percentages; and

2)  the FULL report for your type.

*Do not simply provide a link to your report or copy your four letter results with the percentages.* The report we are looking for is at least a page in length and discusses the specifics characteristics of how you tend to behave in various situations.

Here are the instructions for taking the test:

1. You’ll need at least 15 minutes of time in a quiet space.
2. Click on this link or paste it into your web browser:

<http://www.humanmetrics.com/cgi-win/jtypes2.asp>

1. Take the test. Remember, there are no right or wrong answers. Select the answer that describes you *when you are at your best*.
2. Note your 4-letter type and the percentages of each letter that comes up on your screen. Copy and paste this into a Word document. We’ll talk about percentages in class.
3. Then, to obtain your full description report, scroll down the page slightly to the box labeled "XXXX Type Description". Click on the “Read full description”.  Copy and paste this description (report) into the same Word document as in #4. You may also Google your four-letter type and use the report on one of the first couple of sites that show up.
4. Upload your Word document with both the percentages and the full report as a Turnitin submission.
5. Print off the report and bring it to class for reference when we discuss the MBTI.

In class we will talk about what this all means to you and to others around you.